

*Faith-Based  
Journaling Prompts  
for Healing, Growth  
& Restoration*

Month One

*Beauty for Ashes*



Christian Life Coaching



# *Safety & Surrender*

Finding Refuge in God After the Storm.































































*Beauty for Ashes*

Three blue butterflies with white markings on their wings, positioned in the center of the page between the title and the subtitle.

Christian Life Coaching

Trauma Informed  
Coaching for Survivors  
of Domestic Abuse &  
Coercive Control

[beautyforasheslifecoaching.com](http://beautyforasheslifecoaching.com)  
[admin@beautyforasheslifecoaching.com](mailto:admin@beautyforasheslifecoaching.com)